

Minutes of the Social Services Commission
Senior Center – May 9, 2013 – 8:30 a.m.

Members present: Bob Brooks, Faith Roebelen, Ruth Clark, Marcia Dufore

Absent:

B. Fidler, S. Kozaczka, R. Michalman

Directors present: Paula Pascoe, Senior Center Director, Janet Frechette (in her absence) sent her written report. Absent: D. Winiarski, Peter Black

Vice Chairman Bob Brooks called the meeting to order at 8:35 a.m.

Citizen Comment: None

Minutes: Ms. Clark moved to approve the minutes of the April 11 meeting; the motion was seconded. The minutes were approved by unanimous vote.

Directors' Reports:

Janet Frechette, Director, Delivery of Suffield Social Services, sent her written report to the meeting.

*Fuel Aid – Operation Fuel restarted again on April 29 to help people with utility debt. Suffield has received \$5,000 for this summer program and still has \$3,500 available.

*Meals -on -Wheels – The volunteers were treated to a breakfast at CRT last month and the Mini Bus provided the transportation. The Observer plans to do an article on the Meals-On-Wheels program next fall.

*The Suffield Police Department sponsored a food drive for the EAA April 13, at Highland Park Market. The Food Drive was successful and \$422 was donated.

Paula Pascoe, Director, Suffield Senior Center, distributed her written report.

She announced that Dr. Dudek, orthopedic doctor, will present a free program on arthritis care from medical to surgical management June 27, at 10:30 a.m.

*July – A self-defense course for older women will be held Wednesdays at 1 p.m. in July. Police Officer Peter Osowiecki will be the instructor.

*August – Country Music Performance followed by ice cream sundaes sponsored by Carmon Funeral Homes

*Five part “How to Deal with Aging Workshop beginning in September thru January. This program will be presented by retired neurosurgeon, Dr. Samuel Brendler of Suffield. Dr. Brendler offers his experience of well over 60 years in medicine and will share his knowledge and experience from a doctor’s perspective to help us deal with aging.

The meeting was adjourned at 9:00 a.m.

Respectfully submitted, Bobbie C. Kling, Secretary SS.Minutes.May.9l.2013

